

## WHIPS & WHEELS DRIVING CLUB

[www.whipsandwheelsdrivingclub.org](http://www.whipsandwheelsdrivingclub.org)

**DECEMBER 2008**

### OFFICERS FOR 2009:

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### FROM THE PRESIDENT'S CARRIAGE

Another year is coming to a close and boy what year it has been. I am looking forward to a great 2009 . Most of the months ahead are already planned out.

I would like to thank everybody for helping with my term as President, I could not have done it without you. Hopefully next year will be even better.

If you did not make it to the Christmas party you missed a great time with good food and sweet desserts. The dirty Santa was the high light of the day, we all went home with a present. I am hoping to ride/drive between Xmas and New years as I am off work. Please feel free to call me and maybe we can get together. Nancy has said we can go to her farm and we can go for a short ride around my house and maybe at Doug's house depending on the weather. I wish to thank you for making my parents feel welcome at the Christmas Party. Please drive and ride safely as I want to see you in the New Year.

"Keep your hooves on the ground."  
Faith Bradshaw

### WELCOME NEW MEMBERS

Bonnie Hines

Dunnie Pond Farm

303 Smith Winding Lane

Pikesville, NC 27863

919-736-9484

[dunniepond@hotmail.com](mailto:dunniepond@hotmail.com)

## IT'S TIME TO RENEW YOUR MEMBERSHIP!

(SEE LIST INSIDE)



Las Vegas Lights come home to NC!

Iva Ramsey  
7348 Hollyberry Lane  
Tobaccoville, NC 27050-9703  
336-983-6016  
NO E-mail

Tedi Vail  
795 Arrowhead Loop  
Pittsboro, NC 27312  
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tsvail@earthlink.net

Kathy Wall  
1650 Brown St.  
Winston-Salem, NC 27105-1508  
336-341-6077  
NO E-mail

## CHRISTMAS PARTY AT TUCKER'S

DECEMBER 7TH

By Tricia Hardy



We had 21 people join us for our Christmas celebrations at Tuckers. Everyone seemed to think Tucker's was a great place for the party, we had the building to ourselves, Tucker left after setting up the food.

Faith held a brief meeting. We set the date for our next WWDC Meeting Sunday January 25th at 2:00pm at the Sagebrush in Mocksville. She mentioned the other events that have been set up see the Schedule of events below. Nancy Faller will host an event in May possible another mini HDT. Polly would like to see a clinic on lounging

and long lining and Barbie Black will set something up.

Faith would like to see a perpetual trophy to be awarded in January to the member who has done the most for the club the previous year. Paper was passed out and we voted, but the results won't be known until January. The winners name will be put on the plaque and he or she will keep the plaque for a year.

Bev (I apologize I missed part of this) A restaurant ??? in Clemmons will donate 20% of their profit from dinners sold on Thursday 12/11/08 to H.E.R.O. Pat announced one of our newest members Bob Mischka from WI (Mischka Press) is the person who prints various Driving calendars, check out his web site: [www.mischka.com](http://www.mischka.com). I had a special Thank You for some very special people, who have been so very generous with their time, expertise and allowing me the privilege of the use of their trails.





We never really adjourned the meeting but went right to the "Party Crackers" a British Holiday tradition. Doug said grace, then we ATE and ATE and ATE! We played "Dirty Santa" and it got pretty rough at times! It's a good thing someone was keeping track of how many times particular gifts had been stolen. QUITE A FEW gifts got retired quite quickly. Bev sure got a work out since every gift she picked got stolen from her! Iva also had to make quite a few trips to replace stolen gifts. All in all I think everyone had a great time.

P.S. Some of us were discussing You Tube videos we saw. Here are the links:

Dressage Vs Western

<http://de.youtube.com/watch?v=vrYOQ52U3LQ>

Camel doing Dressage

<http://de.youtube.com/watch?v=CnsWQ4kNG-w>

If these links don't work I did a search at You Tube (Dressage Vs Western) since I deleted the Western one from my computer. You can probably find the Camel by typing in Dressage Camel.

**LAS VEGAS.....**

**SNOW CLOSES MCCARREN AIRPORT!**

We had 4" of Snow Wednesday Dec 17<sup>th</sup> out in Las Vegas! It shut down McCarren Airport until mid Thursday and even then they were having lots of delays from the weather elsewhere in the country. Of course we had to



pick that night to go see "KA" at the New York New York casino. For the first time I came home with a *little bit* more money than I went out with....if you don't count all the money I spent in the stores since they were having anywhere from 50%-80% off almost everything! I spent more money shipping my new Horse & Sleigh Christmas decoration home than it cost! The parking lots were deserted in all the malls and stores, the economy is really hurting out there. BUT we did have fun! But it is good to be home I missed the critters!

**FINALLY... HERE IT IS!!!**

The Luau recipe everyone keeps asking for!  
By Penny Godbey

**VEGGIE PIZZA**

2 Cans Pillsbury crescent rolls

2 packages of cream cheese (you can use low fat or no fat if you want)

1 pkg taco seasoning (mild)

3/4 cup salsa

1 cup shredded Cheddar cheese

1 pkg broccoli coleslaw or you can use any combination of finely chopped veggies  
Roll dough out and spread on a cookie sheet. Two cans will fit perfectly on a large cookie sheet. Bake according to directions until golden brown and let cool.

Mix cream cheese, taco seasoning and 1/4 cup salsa together.

Spread cream cheese mixture on cooled crust.

Top with 1/4 to 1/2 cup salsa (spread the salsa very thinly, as there is a lot of flavor already in the cream cheese)

Top with 1 cup shredded Cheddar cheese.

Put veggie mixture next and press into the cream cheese to keep it from falling off.

Add a little more cheese on top to finish it off.

This will taste better if made the night before, covered and refrigerated until ready to serve.

## TEQUILA CHRISTMAS COOKIES

(makes 3 dozen) by Patty Bishop

2 sticks of butter  
 1 tsp baking soda  
 1 cup of sugar  
 1 tsp salt  
 1 cup of brown sugar  
 1 Tbsp lemon juice  
 4 large eggs  
 1 cup chopped nuts  
 2 cups of dried fruit  
 1 bottle of Tequila

Sample the Tequila in a large glass to check quality

Take a large bowl, and check the Tequila again, to be sure it is of the highest quality.

Pour one level cup and drink.

Turn on the electric mixer. Beat 2 sticks of butter in a large fluffy bowl.

**CHERRY MISTMAS TO ALL!**

**Editor's NOTE: Do NOT drink and COOK!**

## HORSEWOMAN'S DIET

At this time of year ads for weight-loss programs saturate print media and the airwaves. Even TV talk shows devote time to the battle of the bulge.

I caught part of a Dr. Phil episode in which the prominent self-help guru was evaluating

the situation of one overweight guest. The woman commented that she'd like to buy a horse so she could get exercise via riding. "That's great for the horse," responded Dr. Phil drolly, "but what good is it for you?" Obviously, Dr. Phil has missed out on the cardiovascular workout we women get attempting to get into a sports bra and riding pants.... Clearly, the good doctor doesn't own a horse. At least, not the right horse. A quiet, well-broke, agreeable mount may indeed not offer much in the way of fitness training. But, the right horse (and most of us have owned 1 or 2, haven't we?) will provide a body-building, cardiovascular-enhancing workout that would make Richard Simmons envious.

Allow me to explain.... With the right horse, you begin your fitness program by walking out to the pasture. As you stride briskly, you carry the halter and lead rope behind you, pushed up high on your back so the lead doesn't drag. The purpose of this is to tone your chest and upper-arm muscles (because you're not fooling your horse, for he knows what you carry). As you approach to within a few feet of him, he'll walk slowly away from you, but at a pace just so you can't reach him, then stop. This will be repeated several times in succession, until you're ready to jog. At that point, because you own just the right horse, he will trot, then gallop around the pasture. If you're at the advanced level of fitness, you may continue chasing after him for maximum aerobic benefits, or just stop and start throwing rocks at him to give your rotator cuffs a workout. (Make sure you switch throwing arms. Not only is this a benefit to you, your horse will think it hilarious). Beginners may prefer to toss the halter and lead on the ground, bend forward from the waist, and engage in heavy breathing and chanting (that's what we'll call it, anyway -- chanting) as the horse continues to circle the field. For those of you that have experience with this exercise, you may choose to throw the halter and lead, walk briskly, bend, pick up, repeat. When the horse determines you've had enough of this warm-up session, he'll allow you to catch him.

Now comes the total upper-body workout of grooming. The right horse, of course, will be caked in dried mud. The cement-like consistency of it will require work-to-exhaustion effort of your biceps and triceps. NOTE: This exercise has added value, the dried mud will stick to your face with perspiration, instant facial! Next comes the bending, stretching, and toning of hoof-picking. Bend over, pick up the horse's left front foot, then be prepared to jump back as he stomps it back down to the ground, narrowly missing your foot. (Keep your knees bent as you jump, to protect your lower back.) Reach down and pick up the foot again, hopping about with the horse to maintain your grip as you attempt to pick what seems to be dirt mixed with Super Glue from the hoof. Eventually the horse may stand still; you may be chanting by this time. Repeat the entire circuit 3 more times with the remaining feet.

Once you can stand erect again, it's time for the insect repellent exercise. True, with this one, your horse may actually get more of a workout than you do, but you certainly get more of the repellent. It goes like this: Squirt!-circle- circle. Squirt!-circle- circle. Squirt!-circle- circle--- and so on, until you're completely misted with repellent and chanting 'whoa you sonofab... whoa'. To receive maximum benefit from this exercise, make sure you are at the beginning of a deep inhalation during the 'squirt' cycle and exhale after the last chanting 'whoa'.

With the right horse, saddling up provides both aerobic and strength building benefits. The trick is to keep your feet moving as you heft the saddle blanket over and over (and over), trying to keep it in place on a moving target. The blanket exercise warms you up for the saddle exercise, for which the routine is the same, only the weight is much greater -- perfect for buffing those hard-to-tone shoulder muscles.

Now comes the mounting exercise. With the right horse, it's left leg up, hop-hop-hop, left leg down, heavy breathing. Left leg up, hop-

hop-hop, left leg down, heavy breathing. For balance, go around to the other side and continue the exercise (right leg up, hop-hop-hop, heavy breathing, right leg down, heavy breathing, etc.). When your heart rate begins to exceed your target range, look for a bucket. Bend over, pick it up, place it upside-down next to the horse, wait for the horse to move away, then bend over, pick it up again, place it next to the horse, and so on. NOTE: This is a cooling down routine, not to be confused with the warm up pasture routine. When the horse deems you've had enough of these repetitions, he'll stand still and allow you to actually mount.

At this point, of course, you'll be too exhausted to ride and your facial mask will be dropping off in chunks. It's best not to overdo it, so dismount, grab a glass of wine, and head in to recover in a bubble bath.

Author unknown

Polly Hison came across this link to an on-line magazine. It is subscription but there are some archives available to read for free and what look like some cool links to scope out!  
[www.inharness.co.uk](http://www.inharness.co.uk)

## RENEW MEMBERSHIP

WWDC Events generally run \$15.00 (now \$20.00 for nonmembers). A single membership will pay for itself if you come to 3 events! Attached is the most recent Membership list of last names, **anyone with an 08 after their last name needs to renew.**

### LAST NAME

Chrissman **09**  
Black 08  
Chaffin 08  
Dean **09** Melinda  
Moser 08  
Prevette 08  
Ramsey **09**  
Wall **09**

The above have no E-mail addresses  
If your name does not appear on this list  
above or below, you haven't renewed your  
membership since 2007

Andrus 08  
 Barga **09**  
 Bishop 08  
 Bowman 08  
 Bradshaw 08  
 Brandon **09**  
 Branson 08  
 Brennon-Wagner 08  
 Carter 08  
 Cochran 08  
 Coffman 08  
 Cope **09**  
 Du Pont 08  
 Duval 08  
 Faller **09**  
 Finnochiaro 08  
 Galup 08  
 Godbey 08  
 Granzky **09**  
 Harbison 08  
 Hardy **09**  
 Hines **09**  
 Hixson **09**  
 Hoyle 08  
 James 08  
 Johnson 08  
 Jordan 08  
 Mischka **09**  
 Morris 08  
 North 08  
 Parker 08  
 Patten 08  
 Payne 08  
 Peckham 08  
 Rogers 08  
 Smith 08 Tom & Karen  
 Smith 08 Johnny & Diane  
 Snow **09**  
 Tomasini **09**  
 Vail **09**  
 Walker 08  
 Williams 08

## SCHEDULE FOR 2008:

\*Regardless of the event being held, visitors and spectators are ALWAYS welcome. Please come and check us out!\*

**January Dinner meeting at the Sagebrush** in Mocksville Sunday the 25th at 2:00pm  
 Penny Godbey has arranged a speaker on Truck & Trailer weight towing specifications. Could you please send Penny any questions they would like answered? She will forward them to the Trooper and he can discuss and answer what everyone wants to know. Please send the questions to Penny at [pgodbey@earthlink.net](mailto:pgodbey@earthlink.net)

**February 14th Valentine Drive** in Salisbury rain date 2/21/09. Faith will be Master of Ceremonies

**March 14th St Patrick's Day theme**, rain date 3/21/09 at Doug's farm. Doug will be Master of Ceremonies

**April 18th Easter theme**, rain date 4/25/09 at TLC Farm. Tricia will be Master of Ceremonies

No dates have been set yet for the following.  
 May ??? Nancy will host an event possibly another HDT  
 Barbie Black will plan a Lounging/Long lining clinic  
 Bev & I will try to work something out at TTC.

**\*BYOL= Bring Your Own Lunch!**

## CLASSIFIEDS:

**NOTE: Ads will run for 2 months then be deleted unless you request them to be run for another 2 months.**

**08/12** Oak Wagonette seats four. Make by Mill Run carriages in Pa. Upholstered seats with covers. Pole and shafts ( Single or pair) Size for large Hafflinger to small draft. Asking \$4200. Please call 704 213 7076. Faith Bradshaw Salisbury NC

**09/01** Phaeton gig, Brewster green, green upholstery, patent dash, lamp brackets, Beautiful show cart, ready to go to shows! 72" shafts, wheels 42", \$4000 Call 336-643-1793 Erin Hoyle for more info.



Exp 3/09

**Driving Lessons** **Training**



331 Feedmill Road Advance, NC 27006

336-998-4915  
Tommy & Karen Cope

**Boarding** **H: 336-998-4915**  
**C: 336-749-6968**

Exp 2/09



**Tricia Hardy/MAD Ceramics**

547 John Crotts Road  
Mocksville, NC 27028  
**(Mailing Address)**  
336-751-7655  
[Horseramics@yadtel.net](mailto:Horseramics@yadtel.net)  
[tihardy2@juno.com](mailto:tihardy2@juno.com)

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**Custom Painted Horses**

# WHIPS & WHEELS DRIVING CLUB

[www.whipsandwheelsdrivingclub.org](http://www.whipsandwheelsdrivingclub.org)

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Deadline for articles is  
the 25th of each month  
with a publish date of the 1st.

All mistakes in this publikshun are their  
for the benufit of those whom look  
for them!

Think you

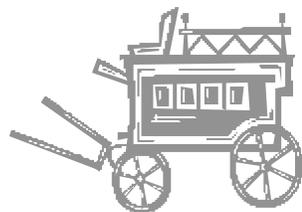
Editor: Tricia Hardy

Printed by: Hoof & Paws Press



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## Membership Application

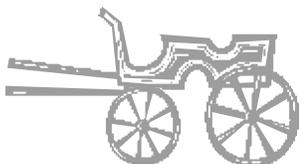


Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ (Home) (\_\_\_\_) \_\_\_\_\_ (Office)



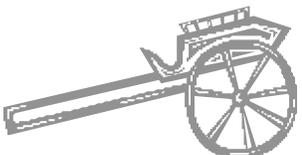
Fax (\_\_\_\_) \_\_\_\_\_ E-Mail: \_\_\_\_\_

Check all that apply:  New Family  New Single  New after June 30<sup>th</sup>  Renewal

NEW & Renewing current Memberships **AFTER November 1st** will run through the next year:

Family Membership (2 or more people) \$25.00 Single Membership (1 person) \$15.00

Total Enclosed \$ \_\_\_\_\_



**NOTE:** Membership will run from January 1<sup>st</sup> through December 31<sup>st</sup>. NEW Memberships joining AFTER June 30<sup>th</sup> will be prorated at \$12.00 (Family) \$7.50 (Single) for the remainder of the year and any one joining or renewing a current membership after November 1st is good for the following year.

Make checks payable to: **Whips & Wheels Driving Club**

Send Form & Check to: **Pat Granzyk 6988 Lanvale Court Clemmons, NC 27012**